



Sierra Multisport Productions llc. in conjunction with Clovis Swim Club Present:

# Millerton Mile - 2010

## 1 and 2 Mile Open Water Swim

**Sunday June 20<sup>th</sup>, 2010**

**Start:** 8:30 a.m. USA Male youth  
8:35 a.m. USMS/PMS Male  
8:40 a.m. USA Female youth  
8:45 a.m. USMS/PMS Female

All swims start at the beach. 1 mile and 2 mile will start in same wave.

8:15a.m. there will be a mandatory race briefing.

**Entry Fee:** Entry is \$35 for pre-registered athletes before 5/30/10. Entries received after 5/30/10 is \$45. We will have race day registration. All participants will receive a swim cap. Those who registered before 5/30/10 are guaranteed a customized T-shirt. Entry fee does not include fee to get into the park.

For information contact:  
Faron and Heleen Reed, Race Directors  
[Faron-Heleen@sbcglobal.net](mailto:Faron-Heleen@sbcglobal.net)  
<http://www.sierramultisport.com>

**Eligibility:** The 1 and 2 mile swim are USMS/PMS sanctioned events, while the USAS 1 and 2 mile swim are sanctioned by USA Swimming/CCS. All swimmers must be current 2010 registered members of one of these organizations in order to compete. Membership information may be obtained by contacting the numbers below:

Annual USMS Membership Registration  
<http://www.usms.org>  
USA Swimming/CCS (18 and younger)  
[www.centralcalsswim.org](http://www.centralcalsswim.org)

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**Registration for**  
**The Millerton 1 Mile – 2 Mile Open**  
**Water swim**  
June 20<sup>th</sup>, 2010

Last Name: \_\_\_\_\_  
First Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City: \_\_\_\_\_  
State: \_\_\_\_\_ Zip: \_\_\_\_\_  
Email: \_\_\_\_\_  
Phone: (\_\_\_\_) \_\_\_\_\_  
Emergency contact# (\_\_\_\_) \_\_\_\_\_  
DOB \_\_\_\_/\_\_\_\_/\_\_\_\_ Age on race day \_\_\_\_\_  
Sex: M\_\_ F\_\_  
T-shirt size: 1 Mile \_\_\_\_\_ OR  
S / M /L / XL (circle one) 2 Mile \_\_\_\_\_

**Where:** Fresno side of Millerton Lake, 20 miles northeast of Fresno via highway 41 and highway 145. For a map go to [www.park.ca.gov/?page\\_id=587](http://www.park.ca.gov/?page_id=587) and look up “map of location”

**Equipment:** Use of wetsuits shall result in that swimmer being ineligible for awards or place points. The use of fins, pull buoys, or other swimming devices will result in instant disqualification. Soft hand paddles may only be used as a prosthesis—provided, in the opinion of the Race Director – they do not present a safety hazard to other swimmers.

**Awards:** Medals will be awarded to the top 3 men and women in each age group. Age group awards in USMS/PMS are in 5- year increments: 19-24, 25-29, 30-34, etc. For USA swimming/CCS we have the following age groups: 11-12, 13-14, 15-18.

Results will be posted on [www.sierramultisport.com](http://www.sierramultisport.com)

**Timing:** Electronic CHAMPIONSHIP TIMING will be used if we receive enough applications. In that case each swimmer will wear an electronic timing chip on an ankle bracelet to automatically record their time. Timing chip must be returned or a \$30 charge will be assessed to the swimmer.

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Sanctioned by USMS  
Sanction number: OW10-06  
USA-S/CCS Sanction No.S1610AK  
A photocopy of your current USMS/PMS/USA Swimming membership card must accompany your entry.  
Sign Waiver on other side of this flyer.

	Fee	
Swim prior to 5/30/10	\$35	\$ _____
Late Registration after 5/30/10	\$45	\$ _____
Annual Registration Form (USMS)	\$42	\$ _____
		_____+
Amount Enclosed with this entry		\$ _____

Check payable to:  
Sierra Multisport Productions  
272 W. Teague Ave  
Fresno, CA, 93711



**Places to Stay:** For a list with accommodations please go to the website: <http://www.fresnochamber.com> Camping is available on the opposite side of the lake, about a 15 minute drive to race start. For reservations call: (559) 822-2332

**Package Pickup:** Package pickup is available on Sunday June 20<sup>th</sup> at race site at Millerton Lake from 6:30 AM – 8:15 AM There will be NO Race-day registration – no exceptions. All entrants must mail a photocopy of their USMS/PMS card or USA Swimming membership card with the entry form.

**Course & Water Temperature:** The course will be marked by buoys at approximately 200 yard intervals. The expected water temperature of the lake is between 60-70 degrees. The course will be clockwise with the centerline on the swimmers right. Start and finish on the beach. It is suggested that you bring comfortable shoes to walk to the race start as surface will have sand and some rocks. Athletes from the 1 and 2 Mile will start in the same wave. Athletes participating in the 2 mile event will do the course twice.

**Water Safety:** Swim caps will be provided to all swimmers and will be mandatory for the swim. The course will be monitored by a safety boat and paddlers. Individual escorts will not be allowed. A cut-off time will be enforced to ensure that no swimmers will be in the water longer than one hour for the 1-mile swim, and 2 hours for the 2 mile swim. All swimmers will be body marked. Local EMT will be present.

**Directions:** FWY 41 coming from the South: Take exit Friant road. Turn right at the traffic light – you are on Friant road. Stay on this road for the next 15 miles till you pass the small town of Friant. Go past the Shell station up to the dam and take a left at the top into the park– follow the parking signs.

FWY 41 coming from the North: Take exit Friant road. Turn left at the traffic light – you are on Friant road. Stay on this road for the next 15 miles till you pass the small town of Friant. Go past the Shell station up to the dam and take a left at the top into the park– follow the parking signs.

This is a rain or shine event.

Confirmation letter will be sent if you provide a legible e-mail address, or self-addressed envelope.

Sorry, all entries are non-refundable.



Sierra Multisport Productions, LLC



United States Masters Swimming

Registration for 2010 Millerton Mile  
Sunday, June 20<sup>th</sup>, 2010

Mail completed entry with check payable by June 18th to Sierra Multisport Production:  
272 W. Teague Ave Fresno CA, 93711.

Don't forget to attach a current copy of your USMS/PMS/USA Swimming membership card.

Waiver:

**RELEASE OF LIABILITY BY PARTICIPANT:** I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. **AS A CONDITION OF MY PARTICIPATION IN THE MASTERS PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES CAUSED BY NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES.** In addition, I agree to abide by and be governed by the rules of USMS. Finally, I specifically acknowledge that I am aware of all risks inherent in open water swimming and agree to assume those risks.

Swimmer's Signature \_\_\_\_\_ Date \_\_\_\_\_